Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

Supplement to: Meador KJ, Baker GA, Browning N, et al. Cognitive function at 3 years of age after fetal exposure to antiepileptic drugs. N Engl J Med 2009;360:xxxx-xx.

Web Supplemental Appendix for NEAD 3 Year Old IQ Study: 4 tables & 5 figures

Web Table 1. Age 3 IQ Regression Model Results for the Primary Analysis of the Intent-To-Treat Group (n=309).^A

	Coefficient B	p-value for Variable
	(95% CIs) and p-value	in Model ^C
	for variable alone,	
	unadjusted	
Significant Variables in		
Primary Model		
AED Group	.007	.02
(4 levels, p-value only) D		
Maternal IQ D	0.4 (0.3, 0.5); p<.001	p<.001
Maternal Age ^D	1.0 (0.6, 1.3); p<.001	p<.001
Standardized Dose D,E	-0.1 (-0.2, 0.0); p=.13	p=.02
Gestational Age D	1.3 (0.3, 2.2); p=.008	p=.01
Preconception Folate Use D	9.1 (4.9, 13.4); p<.001	p=.02
Non-significant Variables When		
Added to Primary Model		

	Coefficient ^B	p-value for Variable
	(95% Cls) and p-value	in Model ^C
	for variable alone,	
	unadjusted	
Epilepsy Etiology ^F	.36	.77
(3 levels, p-value only)		
Epilepsy Type: Localization Related	0.4 (-4.1, 4.8); p=.87	.71
Epilepsy Type: Idiopathic	-2.1 (-6.8, 2.5); p=.37	.51
Generalized		
Epilepsy Type: Generalized Tonic	5.2 (-2.9, 13.4); p=.20	.65
Clonic Seizures ^G		
No Convulsions During Pregnancy	.02	.72
(3 levels, p-value only) H		
> 5 Convulsions During Pregnancy	.03	.27
(3 levels, p-value only) ^H		
Education ^I	9.9 (5.2, 14.6); p<.001	.56
Employment	6.1 (1.6, 10.6); p=.008	.31
Race (4 levels, p-value only) J	.002	.22
Socioeconomic Status ^K	2.6 (1.8, 3.5); p<.001	.26
USA vs. UK Site	-0.2 (-4.7, 4.4); p=.94	.89

	Coefficient ^B (95% CIs) and p-value for variable alone, unadjusted	p-value for Variable in Model ^C
Alcohol Use	2.6 (-5.5, 10.8); p=.53	.63
Tobacco Use	-5.6 (-12.3, 1.1); p=.10	.80
Birth Weight	4.7 (1.4, 8.0); p=.005	.49
Wanted vs. Unwanted Pregnancy	10.3 (4.2, 16.3); p<.001	.61
Breastfed (3 levels, p-value only) H	.004	.55
Prior Pregnancy Complications	-0.0 (-4.6, 4.5); p=.99	.98
Prior Pregnancy Birth Defects	-2.6 (-10.5, 5.4); p=.53	.55
Complications During Current Pregnancy	-1.0 (-5.3, 3.4); p=.67	.88
Compliance (missed AED doses) (3 levels, p-value only) H	.10	.50

^A Age 3 IQ imputed for 77 children without age 3 assessments from the original 309 live births (1 died from severe heart malformation, 6 enrolled from the UK study after 3 years/old, 31 withdrew prior to age 3, and 39 did not present for testing). ^B Estimated regression coefficient (non-ordered categorical variables have only p value), 95% CI = 95% Confidence Intervals; ^C Model includes AED, maternal IQ, maternal age,

standardized AED dose, gestational age, and preconception folate; ^D Variables in primary model; ^E Standardized dose for pregnancy average (see Methods); ^F Three epilepsy types: localization related, idiopathic generalized, & generalized tonic clonic unknown if partial or generalized; ^G Unknown if idiopathic generalized or secondary generalized localization related; ^H Three categories (yes, no, not reported); ^I Education \leq or > high school; ^J Four categories: Caucasian, Black, Hispanic, other; ^K Hollingshead Index. ¹⁰

Web Table 2. Age 3 IQ Regression Model Results for Age 2 & 3 Completers Sample (n=258).^A

VARIABLE	Coefficient ^B (95%	P-value for Variable
	Cls) and p-value for	in Model ^C
	variable alone,	
	unadjusted	
Significant Variables in		
Primary Model		
AED Group (4 levels, p-value only) D	.003	.02
Maternal IQ D	0.4 (0.3, 0.5); p<.001	<.001
Maternal Age ^D	1.0 (0.6, 1.3); p<.001	.002
Standardized Dose D, E	-0.1 (-0.2, 0.0);	.02
	p=.17	
Gestational Age at Birth D	1.2 (0.3, 2.2); p=.01	.01
Preconception Folate Use D	9.2 (4.8, 13.7);	.02
	p<.001	
Non-significant Variables When		
Added to Primary Model		
Epilepsy Type ^F	p=.44	.67
(3 levels, p-value only)		
Epilepsy Type: Localization Related	0.5 (-4.2, 5.1); p=.84	.73

VARIABLE	Coefficient ^B (95%	P-value for Variable
	Cls) and p-value for	in Model ^C
	variable alone,	
	unadjusted	
Epilepsy Type: Idiopathic	-2.1 (-6.9, 2.8);	.44
Generalized	p=0.40	
Epilepsy Type: Generalized Tonic	4.8 (-3.6, 13.2);	.52
Clonic Seizures ^G	p=.26	
No Convulsions During Pregnancy	.02	.62
(3 levels, p-value only) H		
> 5 Convulsions During Pregnancy	.03	.19
(3 levels, p-value only) H		
Education ^I	10.8 (6.0, 15.7);	.45
	p<.001	
Employment	6.2 (1.6, 10.8);	.30
	p=.008	
Race (4 levels, p-value only) J	<.001	.08
Socioeconomic Status ^K	2.8 (1.9, 3.7); p<.001	.26
USA vs. UK Site	-1.0 (-5.9, 3.9);	.98
	p=.70	

VARIABLE	Coefficient ^B (95%	P-value for Variable
	Cls) and p-value for	in Model ^C
	variable alone,	
	unadjusted	
Alcohol Use	3.9 (-4.7, 12.4);	.51
	p=.38	
Tobacco Use	-6.6 (-13.7, 0.5);	.69
	p=.07	
Birth Weight	4.7 (1.4, 8.0); p=.006	.44
Wanted vs. Unwanted Pregnancy	10.4 (4.0, 16.8);	.60
	p=.001	
Breastfed (3 levels, p-value only) H	.003	.50
Prior Pregnancy Complications	-0.0 (-4.8, 4.7);	.91
	p=.99	
Prior Pregnancy Birth Defects	-3.4 (-11.6, 4.8);	.48
	p=.42	
Complications During Current	-1.0 (-5.6, 3.6);	.94
Pregnancy	p=.67	
Compliance (missed AED doses) (3	.12	.37
levels, p-value only) ^H		

Age 3 IQ imputed for 26 children with 2 year assessments only; ^B Estimated regression coefficient (non-ordered categorical variables have only p value), 95% CI = 95% Confidence Intervals; ^C Model includes AED, maternal IQ, maternal age, standardized AED dose, gestational age, and preconception folate; ^D Variables in primary model; ^E Standardized dose for pregnancy average (see Methods); ^F Three epilepsy types: localization related, idiopathic generalized, generalized tonic clonic unknown if partial or generalized; ^G Unknown if idiopathic generalized or secondary generalized localization related; ^H Three categories (yes, no, not reported); ^I Education ≤ or > high school; ^J Four categories: Caucasian, Black, Hispanic, other; ^K Hollingshead Index¹⁰

Web Table 3. Age 3 IQ Regression Model Results for Age 3 Completers Sample (n=232).^A

VARIABLE	Coefficient ^B (95% CIs) and p-value for variable alone, unadjusted	p-value for Variable in Model ^c
Significant Variables in		
Primary Model		
AED Group (4 levels, p-value only) D	.002	.01
Maternal IQ ^D	0.4 (0.3, 0.5); p<.001	<.001
Maternal Age ^D	1.1 (0.7, 1.4); p<.001	<.001
Standardized Dose D, E	-0.1 (-0.2, 0.0); p=.23	.03
Gestational Age at Birth ^D	1.3 (0.3, 2.3); p=.01	.02
Preconception Folate Use D	9.1 (4.6, 13.6); p<.001	.02
Non-significant Variables When Added to Primary Model		
Epilepsy Etiology ^F	.21	.33
(3 levels, p-value only)		
Epilepsy Type: Localization Related	2.1 (-2.6, 6.8); p=.37	.32

VARIABLE	Coefficient ^B	p-value for Variable
	(95% Cls) and p-value	in Model ^C
	for variable alone,	
	unadjusted	
Epilepsy Type: Idiopathic	-3.9 (-8.8, 1.0); p=.11	.14
Generalized		
Epilepsy Type: Generalized Tonic	4.7 (-3.7, 13.1); p=.27	.55
Clonic Seizures ^G		
No Convulsions During Pregnancy	.02	.91
(3 levels, p-value only) H		
> 5 Convulsions During Pregnancy	.03	.26
(3 levels, p-value only) H		
Education ^I	11.4 (6.5, 16.3);	.36
	p<.001	
Employment	7.2 (2.5, 11.9); p=.003	.26
Race (4 levels, p-value only) J	<.001	.06
Socioeconomic Status ^K	2.8 [(1.9, 3.7); p<.001	.30
USA vs. UK Site	-1.2 (-6.1, 3.7); p=.64	.98
Alcohol Use	3.2 (-5.5, 11.8); p=.47	.79
Tobacco Use	-7.6 (-14.7, -0.5); p=.04	.62

VARIABLE	Coefficient B	p-value for Variable
	(95% Cls) and p-value	in Model ^C
	for variable alone,	
	unadjusted	
Birth Weight	4.1 (0.6, 7.5); p=.02	.84
Wanted vs. Unwanted Pregnancy	10.1 (3.7, 16.5);	.80
	p=.002	
Breastfed (3 levels, p-value only) H	.005	.66
Prior Pregnancy Complications	1.0 (-3.8, 5.9); p=.67	.93
Prior Pregnancy Birth Defects	-3.0 (-11.4, 5.4); p=.48	.49
Complications During Current	0.3 (-4.4, 4.9); p=.91	.62
Pregnancy		
Compliance (missed AED doses)	.13	.42
(3 levels, p-value only) H		

^AOnly the 232 children with IQ assessment at age 3 included in this analysis.

^B Estimated regression coefficient (non-ordered categorical variables have only p value), 95% CI = 95% Confidence Intervals; ^C Model includes AED, maternal IQ, maternal age, standardized AED dose, gestational age, and preconception folate; ^D Variable included in primary model; ^E Standardized dose for pregnancy average (see Methods); ^F Three epilepsy types: localization related, idiopathic generalized, &

generalized tonic clonic unknown if partial or generalized; ^G Unknown if idiopathic generalized or secondary generalized localization related; ^H Three categories (yes, no, not reported); ^I Education \leq or > high school; ^J Four categories: Caucasian, Black, Hispanic, other; ^K Hollingshead Index. ¹⁰

Web Table 4. Regression Model Results for Age 2 Sample (n=187). A

VARIABLE	Coefficient ^B	p-value for Variable
	(95% Cls) and p-value	in Model ^C
	for variable alone,	
	unadjusted	
Variables in		
Primary Model		
AED Group (4 levels, p-value only) ^D	.03	.08 ^A
Maternal IQ ^D	0.4 (0.2, 0.5); p<.001	<.001
Maternal Age ^D	0.9 (0.4, 1.4); p<.001	.04
Standardized Dose D, E	-0.1 (-0.3, -0.0); p=.03	.006
Gestational Age at Birth ^D	1.0 (-0.1, 2.1); p=.07	.05
Preconception Folate Use D	9.8 (4.7, 14.9); p<.001	.04
Other Variables		
Epilepsy Etiology ^F	.006	.03 ^A
(3 levels, p-value only)		
Epilepsy Type: Localization Related	-3.7 (-9.1, 1.6); p=.17	.57
Epilepsy Type: Idiopathic	-0.9 (-6.6, 4.8); p=.76	.29
Generalized		

VARIABLE	Coefficient B	p-value for Variable
	(95% Cls) and p-value	in Model ^C
	for variable alone,	
	unadjusted	
Epilepsy Type: Generalized Tonic	16.4 (6.4, 26.4);	.008 ^A
Clonic Tonic Seizures ^G	p=.002	
No Convulsions During Pregnancy	.18	.49
(3 levels, p-value only) H		
> 5 Convulsions During Pregnancy	.48	.56
(3 levels, p-value only) H		
Education ¹	12.0 (6.4, 17.5); p<.001	.37
Employment	0.9 (-4.6, 6.4); p=.74	.48
Race (4 levels, p-value only) J	.02	.89
Socioeconomic Status ^K	2.6 (1.5, 3.6); p<.001	.79
USA vs. UK Site	-1.1 (-10.5, 8.2); p=.81	.60
Alcohol Use	-0.6 (-12.9, 11.6); p=.92	.92
Tobacco Use	-8.8 (-18.7, 1.0); p=.08	.96
Birth Weight	5.4 (1.6, 9.2); p=.005	.08
Wanted vs. Unwanted Pregnancy	13.7 (6.6, 20.7); p<.001	.26
Breastfed (3 levels, p-value only) H	.004	.38

VARIABLE	Coefficient ^B (95% CIs) and p-value for variable alone, unadjusted	p-value for Variable in Model ^C
Prior Pregnancy Complications	-4.0 (-9.4, 1.4); p=0.15	.05
Prior Pregnancy Birth Defects	-0.3 (-10.6, 10.0); p=.96	.85
Complications During Current Pregnancy	-3.3 (-8.5, 2.0); p=.22	.42
Compliance (missed AED doses) (3 levels, p-value only) H	.30	.64

A Only the 187 children with cognitive assessment at age 2 with the Bayley Scales of Infant Development were included in this analysis. Although there was only a trend for AED group in this initial analysis, the effects of epilepsy types were due to higher child IQs in the small Generalized Tonic Clonic Seizure (GTCS) group (n=13) with mean (CIs) = 108 (96:120) compared to partial seizure = 92 (88:95) and generalized seizures = 92 (88: 97). Re-analysis of data deleting GTCS group revealed no significant effects of epilepsy types, but significant effects of maternal IQ (F = 12.95, 1 df, p=.0004), age (F=4.3, 1 df, p=.04), dose (F=6.1, 1 df, p=0.01), folate (F=4.0, 1 df, p=.05) and AED x dose interaction (F = 3.0, 3 df, p=.03). Only valproate dose correlated with IQ (r=-0.59, p=.0009 without GTCS; r=-0.58, p=.0009 with GTCS). Age 2 and 3 IQs were highly correlated (r=.70; p<.0001) in children who completed both (n=161); B Estimated

regression coefficient (non-ordered categorical variables have only p value), 95% CI = 95% Confidence Intervals; ^c Model was the same as the primary analysis and included AED, maternal IQ, maternal age, standardized AED dose, gestational age, and preconception folate; ^D Variable included in primary model; ^E Standardized dose for pregnancy average (see Methods); ^F Three epilepsy types: localization related, idiopathic generalized, & generalized tonic clonic unknown if partial or generalized; ^G Unknown if idiopathic generalized or secondary generalized localization related; ^H Three categories (yes, no, not reported); ^I Education ≤ or > high school; ^J Four categories: Caucasian, Black, Hispanic, other; ^K Hollingshead Index. ¹⁰

Web Figure Legends.

Web Figure 1. Means and 95% confidence intervals (horizontal lines) for child IQ as a function of subgroup defined by VPA group membership (VPA vs. Non VPA, i.e., other 3 AEDs) and propensity score subgroup¹⁸ (above-median vs. below-median). The below-median group was further subclassified by epilepsy type (see Statistical Analysis).

Web Figure 2. Means and 95% confidence intervals (horizontal lines) for child IQs as a function of maternal age and AED group. Low maternal age is below median for all mothers (30.7 years), and high maternal age is above median. Child IQs are adjusted for factors in the primary model except maternal age. In this and subsequent figures, the vertical line is the mean IQ across all children, the middle of the boxes on the horizontal lines are means for the subgroups, and the box size depicts sample size.

Web Figure 3. Means and 95% confidence intervals (horizontal lines) for child IQ as a function of USA vs. UK site and AED group. Child IQs are adjusted for factors in the primary model.

Web Figure 4. Means and 95% confidence intervals (horizontal lines) for child IQ as a function of breastfeeding and AED group. Child IQs are adjusted for factors in the primary model.

Web Figure 5. Relationships of child IQ - mother IQ differences vs. dose (pregnancy average) for the four AEDs. Correlations (r values) and p values given for each AED group. Only valproate exhibited a significant dose effect. Based on the intent-to-treat sample (n=309). Seventy-seven child IQ values were imputed (see Statistical Analysis).

Web Figure 1.

Propensity Score Subgroup									
		Mean							
Above-Median	N	IQ							
Valproate	30	90		-					
Non-Valproate	17	105					-	 →	
Below-Median	N	Mean							
Valproate	31	94			-				
Non-Valproate	231	99			-				
Below-Median:									
Localization-related Epilepsy	N	Mean							
Valproate	13	93			-		<u> </u>		
Non-Valproate	174	99			_	-			
Below Median:									
Idiopathic Generalized Epilepsy	N	Mean							
Valproate	14	93			-				
Non-Valproate	39	100				-			
Below Median:									
Generalized Tonic-Clonic Epilepsy	N	Mean							
Valproate	4	100				-		\longrightarrow	
Non-Valproate	18	104			-		•	→	
					1				
			85	90	95	100	105	110	
			Age 3 IQ Mean: 95% CI						

Web Figure 2.

Younger Mothers Carbamazepine Lamotrigine Phenytoin Valproate	N 43 50 25 36	Mean IQ 95 99 97 89		_	<u>.</u>	-	
		Mean					
Older Mothers	Ν	IQ				_	
Carbamazepine	50	102			-		
Lamotrigine	50	102			-		
Phenytoin	30	102					
Valproate	25	94					
•					ı		
			85	90	95	100	105

Age 3 IQ Mean: 95% CI

Web Figure 3.

		Mean						
Site in US	N	IQ						
Carbamazepine	56	99						
Lamotrigine	71	100			_			
Phenytoin	48	100						
Valproate	30	92	_					
		Mean						
Site in UK	N	IQ						
Carbamazepine	37	97		_			_	
Lamotrigine	29	102						
Phenytoin	7	98				•		
Valproate	31	92	_					
				-				
			85	90	95	100	105	110

Age 3 IQ Mean: 95% CI

Web Figure 4.

		Mean						
Breastfed=No	N	IQ						
Carbamazepine	35	96						
Lamotrigine	40	99						
Phenytoin	26	103						
Valproate	26	90						
		Mean						
		wean						
Breastfed=Yes	N	IQ						
Carbamazepine	28	102						
Lamotrigine	34	101			-			-
Phenytoin	23	97						
Valproate	11	96			-			
				1	1		T	
			85	90	95	100	105	110

Age 3 IQ Mean: 95% CI

Web Figure 5.

